

**Golden Life™**



# **Maxi Care - X**

**Zinc + Vitamin C**

30 - 100 Film Coated Tablets



## Zinc + Vitamin C

### Indications:

- Boosts immune system
- Protects body against cold, viral infections and diarrhea.
- Keeps healthy Skin, hair and nails, Helps treat Rash, Acne and Herpes.
- Wound healing
- Diabetes
- Protects against air pollution side effects

### Boost immune system

The common cold and flu are acute respiratory tract infection caused by a number of viruses. Untreated flu can lead to an even more serious condition like pneumonia. Correct nutrition is a necessity to prevent and cure. Supplementation with vitamin C and Zinc can help strengthen the immune system and reduce the incidence, duration and symptoms of cold and flu and protect against viral infections.

### Wound healing

Vitamin C is needed to form collagen. Low level of it, impairs collagen cross-linking. Zinc is also needed for the formation and maintenance of the skin and mucous membranes. It improves collagen synthesis and promotes rate of cells division and epithelialization, which lead to

creating new tissue. Additionally, it plays a big role in immune function and avoiding the development of wound infections.

### Keeps healthy Skin, hair and nails, Helps treat Rash, Acne and Herpes simplex

This formula is beneficial to maintain the structural integrity of the skin, hair and nails; it also helps to treat Rash, Acne and Herpes.

### Diabetes

Recent studies demonstrate that Zinc supplementation has beneficial effects on glycemic control and promotes healthy lipid parameters in diabetic patients. It plays a critical role in insulin storage. People with diabetes frequently have lower levels of zinc. Vitamin C also prevents blood vessel damage in patients with poor glucose control.

Supplement Facts		
Composition per tablet		RDA%*
Zn (Zinc gluconate)	15 mg	136
Vitamin C	100 mg	111

\*Recommended daily allowance (RDA)

### Presentation:

30 - 100 Film Coated Tablets

### Administration:

Oral, take one tablet daily with meal.

Marketing Authorization Holder Darman Yab Darou  
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### References:

1. R Jayawardena, P Ranasinghe, P Galappathy and P Katulanda. **Effects of zinc supplementation on diabetes mellitus** *Diabetology & Metabolic Syndrome* 2012, 4:13 doi:10.1186/1758-5996-4-13
2. Ganesh N, Dakhale, Harshal V, Chaudhari, and Meena Shrivastava. **Supplementation of Vitamin C Reduces Blood Glucose and Improves Glycosylated Hemoglobin in Type 2 Diabetes Mellitus** *Advances in Pharmacological Sciences*, Volume 2011 (2011), Article ID 195271, 5 pages



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